

RENCANA PROGRAM DAN KEGIATAN PEMBELAJARAN SEMESTER (RPKPS)

Kode Mata Kuliah : TIN 4103
Mata Kuliah : ERGONOMI
Semester : 4 (EMPAT)
Beban : 2 SKS
Dosen : Ishardita Pambudi Tama, ST., MT., PhD.
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TUJUAN INSTRUKSIONAL:

Setelah mengikuti mata kuliah Ergonomi diharapkan mahasiswa mampu :

1. Memberikan pemahaman tentang konsep-konsep dasar perancangan sistem kerja dan ergonomi.
2. Membentuk kemampuan merancang stasiun kerja dan lingkungan kerja sesuai dengan kaidah-kaidah perancangan sistem kerja dan ergonomi.
3. Memberikan penalaran menggunakan prinsip-prinsip ergonomi untuk mengevaluasi rancangan suatu produk.

PUSTAKA YANG DIGUNAKAN:

1. Anshel, J., *Visual Ergonomics Handbook*, Lewis Pub, 2005.
2. Granjean, E. *Fitting The Task To The Main: An Ergonomic Approach*. Taylor dan Francis Ltd., 1982.
3. Kaplan, M. *Cultural Ergonomics: A World Perspective*, CRC Press
4. Karwowski, W. dan Stanton, N.A., *Human Factors and Ergonomics in Consumer Product Design: Methods and Techniques*, CRC Press
5. Konz, S.A. dan Johnson, S.L., *Work Design: Occupational Ergonomics*, Holcomb Hathaway, 2008
6. McCormick, E.J. dan Sanders, E., *Human Factors in Engineering and Design*, McGraw-Hill Book Co., 1992.
7. Salvendy, G. *Handbook of Human Factors and Ergonomics*, John Wiley dan Sons, 2006
8. Sanders, M.J. *Ergonomics and the Management of Musculoskeletal Disorders*, Butterworth-Heinemann, 2003

Pertemuan ke-	Pokok Bahasan	Sub Pokok Bahasan	Jenis Kegiatan Pembelajaran	Taksonomi					
				1	2	3	4	5	6
1	A glance of ergonomics	<ul style="list-style-type: none"> Objectives References Definition Ergo-System 	Diskusi						
2	Human Sensory System	<ul style="list-style-type: none"> Visual Sensory System Auditory Sensory System Tactile and Vestibular Sensory System 							
3	Cognition Process	<ul style="list-style-type: none"> Human Information Processing Model Sensory Register and Perception Working Memory Long-Term Memory 							
4	Anthropometry	<ul style="list-style-type: none"> Engineering Anthropometry Anthropometric Data Application 							
5	Biomechanics	<ul style="list-style-type: none"> Occupational Biomechanics The Musculoskeletal System Biomechanical Model Musculoskeletal Disorder 							
6	Quiz 1								
7	Group Presentation								
8	Bad Ergonomics Impact								
9	Manual Material Handling	<ul style="list-style-type: none"> Manual Material Handling System The Revised NIOSH Lifting Equation 							

Pertemuan ke-	Pokok Bahasan	Sub Pokok Bahasan	Jenis Kegiatan Pembelajaran	Taksonomi					
				1	2	3	4	5	6
10	Work Physiology	<ul style="list-style-type: none"> • Work Physiology • Resources of Energy • Classification of Work • Rest Time Requirement 							
11	Circadian Rhythm and Shiftwork	<ul style="list-style-type: none"> • Circadian Rhythm • Sleep Loss • Shiftwork • Hazards of Night Shift 							
12	Display and Control Design	<ul style="list-style-type: none"> • Human – Machine System • Display Design • Control Design 							
13	Human Error and Safety	<ul style="list-style-type: none"> • Human Error • Basic Safety and Accidents 							
14	Quiz 2								
15	Group Presentation								
16	Macro Ergonomics								

Taksonomi berisi:

- 1 : remember (mengingat)
- 2 : understand (mengerti)
- 3 : apply (menggunakan)
- 4 : analyze (menganalisa)
- 5 : evaluate (mengevaluasi)
- 6 : create (menciptakan)